

Look up, look down

 10 minutes

 Whole class

 Distanced

 Inclusive mobility

A simple yet engaging game to raise the energy within the group.

- Students stand in a circle and begin by looking down. When the teacher says 'Look up!' all students need to look up and look straight at another student (they might look straight ahead or sideways or at the person next to them).
- There must be no looking at the ground, above heads etc. They have to look straight at another student.
- If two students make eye contact, both students must scream and 'die'. They perform a quick dramatic 'death', fall or flop over and then move to the middle of the circle or to the side until the game finishes.
- When the teacher says, 'Look down!' all students must look down again until they are told to 'Look up!' at which point they have to look at another student.
- The teacher can make the circle tighter as more students go 'out'.

